

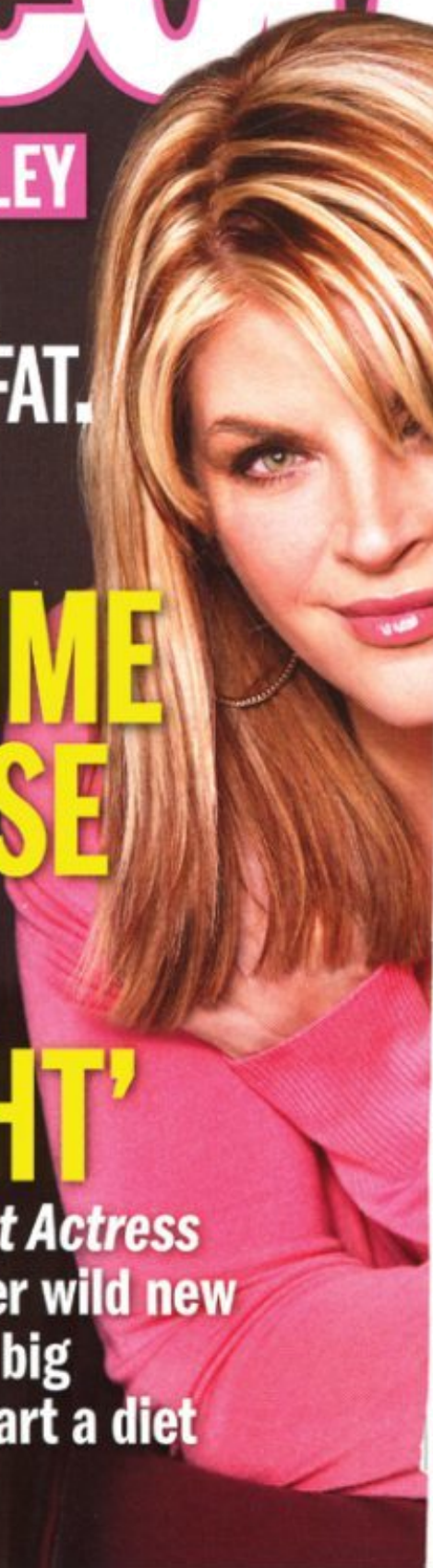
# People



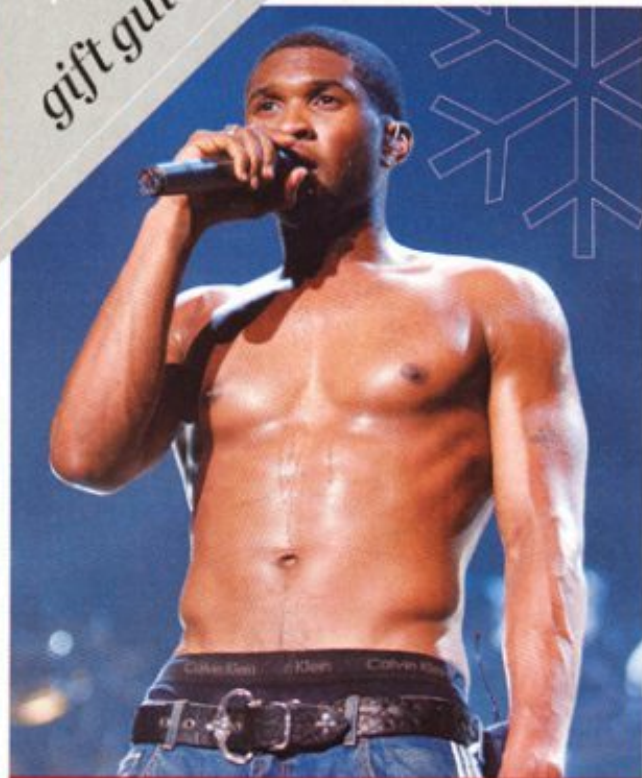
**KIRSTIE ALLEY**

I HAD FUN  
GETTING FAT.  
**NOW**  
IT'S TIME  
TO LOSE  
THE  
**WEIGHT'**

The star of *Fat Actress*  
talks about her wild new  
show and her big  
decision to start a diet



gift guide

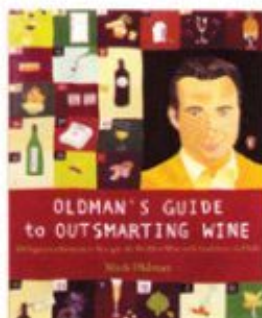


**1. CD CONFESSIONS USHER (\$18.98)**

American Music Awards champ Usher, the flyest of the fly, has beefed up his 6 million-selling album—2004's biggest smash—with this special edition. It features four new songs, including "My Boo," his duet with Alicia Keys, as well as a hip-hopping remix of his No. 1 hit "Confessions Part II." Now everybody say "Yeah!"

**DVD ETERNAL SUNSHINE OF THE SPOTLESS MIND (\$29.98)**

The rubber-faced Jim Carrey gets serious in this edgy film about a loser who hires a team of dicey scientists to expunge his painful memories of ex-squeeze Kate Winslet. Things start getting weird when he decides he wants to bag the project while he's being reprogrammed. Also starring Kirsten Dunst and Mark Ruffalo; screenplay by Chris M. Kaufman (*Being John Malkovich*).



**BOOK OLDMAN'S GUIDE TO OUTSMARTING WINE** BY MARK OLDMAN (\$18)

Glib and unpretentious (sort of like a Gallo Chardonnay), Oldman—a 30ish charmer who was an attorney before he became a wine geek—decodes wine-tasting lingo and shows how to spot a bargain bottle in this fresh, funny guide to the world of Merlot and Meursault. Wine-wise celebs, such as rapper Ludacris and author Jay McInerney, pitch in with their tips too.